



KERJA SAMA HPU & SATGAS PPKS

Dr. dr. Nicholas Edwin Handoyo, M.Med.Ed

Health Promoting University

LPPM UNDANA

Overview

- Pengantar
- Kegiatan HPU terkait kekerasan seksual
- Important messages

PENGANTAR

| | |
|---|--|
| Dr. dr. Nicholas E. Handoyo, M.Med.Ed | Ketua |
| Rr. Listyawati Nurina, S.Si., M.Sc., Apt | Sekretaris |
| Mega O.L. Liufeto, S.KM., M.Kes | Bendahara |
| dr. Ika Febianti Buntoro, M.Sc | Koordinator Pokja Literasi Kesehatan |
| dr. Freny Rosa Dupe | Anggota |
| Marselino K.P. Abdi Keraf, S.Psi., M.Si., M.Psi., Psikolog | Koordinator Pokja Kesehatan Mental |
| Indra Yohanes Kiling, Ph.D | Anggota |
| Jordan Martin Siahaan, S.Pd., M.Pd | Koordinator Pokja Aktivitas Fisik |
| Al Ihzan Tajuddin, S.Pd., M.Pd | Anggota |
| Dr. Simplexius Asa, SH., MH | Koordinator Pokja <i>Zero Tolerance</i> , Kekerasan, Perundungan dan Pelecehan |
| R. Pasifikus Christa Wijaya, MA | Anggota |
| Prof. I Nyoman Widiartha Mahayasa | Koordinator Pokja Pola Makan Sehat dan Gizi Seimbang |
| Daniela L. Adeline Boeky, S.KM., M.Kes | Anggota |

- HPU ada lebih dahulu dari Satgas PPKS.
- 5 pokja HPU.
- Koordinasi HPU, satgas PPKS, dan biro layanan psikologi.



Kegiatan HPU 2023 terkait kekerasan seksual

- Kerja sama dengan Mennonite Central Committee United States (MCC US)
 1. Pelatihan TOT untuk Tutor (Satgas PPKS, HPU, Laskar Sehat).
 2. Tutor melatih mahasiswa.
 3. Tutor melatih dosen dan tendik.
 4. Workshop pengembangan mekanisme pelaporan (Satgas, HPU, DWP, RS UNDANA, FKKH UNDANA)
- Keterlibatan mitra sbg narsum: LBH APIK, Rumah Perempuan, Rumah Harapan GMIT, PPA Polda, HIMPSI.
- Kegiatan pelatihan no 1-3 dijadikan penelitian skripsi mahasiswa.



Kegiatan 2024 Roadshow LPPM

- Roadshow LPPM ke fakultas-fakultas.
- Mater kekerasan seksual oleh Ketua Satgas.
- Materi kesehatan mental oleh Ketua HPU.



Mental Health Screening 2024

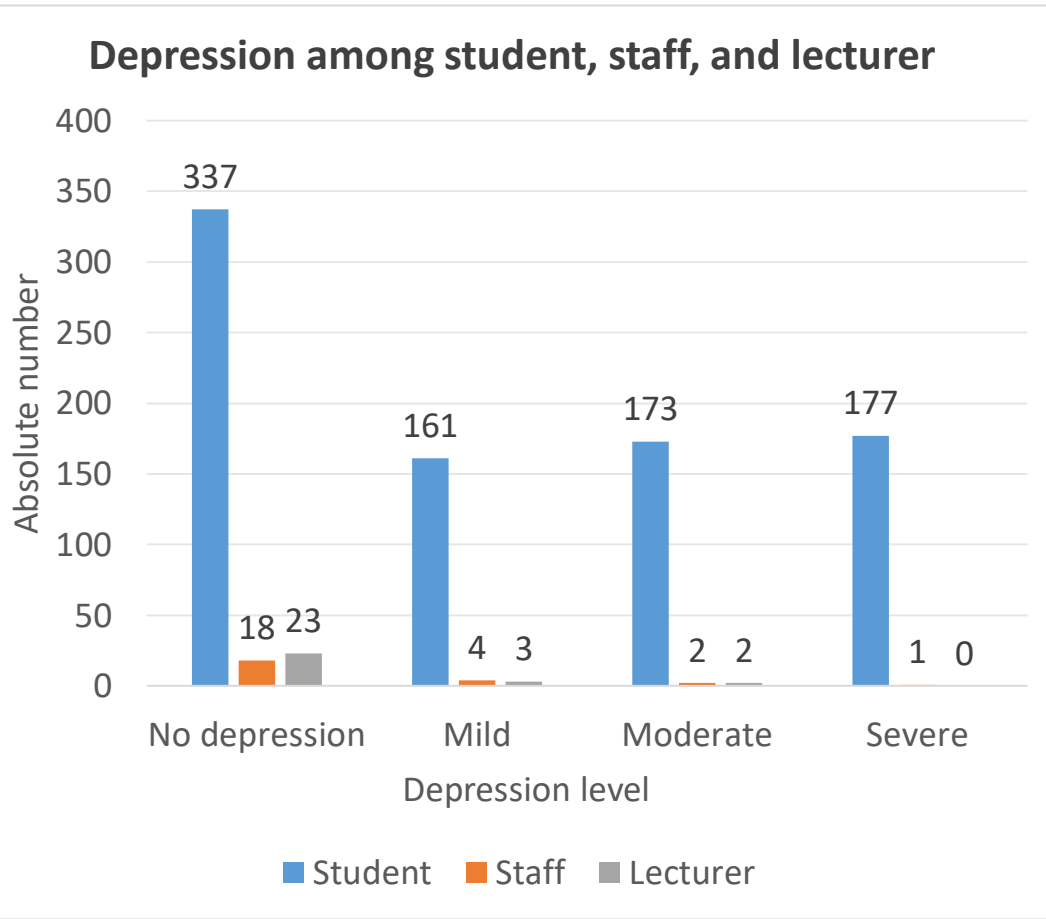
- Online questionnaire - Beck Depression Inventory II.
- Data collection was done between 23 July - 10 August 2024.
- Target: civitas academica UNDANA (lecturers, staffs, & students).
- Subjects recruitment:
 - ✓ invitation poster in UNDANA website and Instagram,
 - ✓ invitation poster and letter via WhatsApp groups,
 - ✓ official invitation letter to every unit in UNDANA,
 - ✓ official invitation letter to student bodies in UNDANA,
 - ✓ personal contacts.
- Reward: Rp 50.000 cellphone load for 50 lucky participants.

Mental Health Screening Results

Note:

- BDI II is a screening tool, not diagnosis tool.
- Further clinical examination is still needed to confirm the screening results.

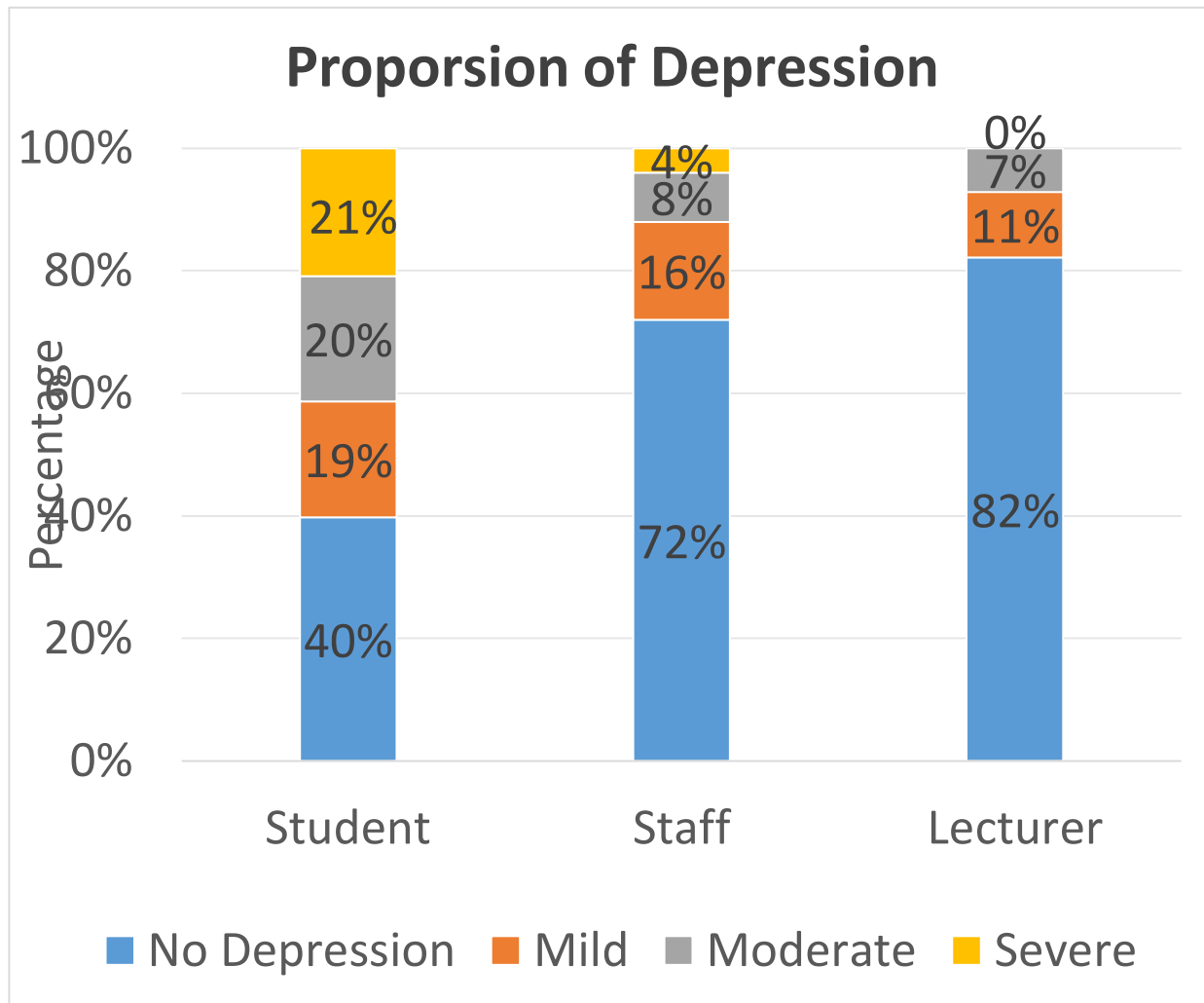
Absolute number



- Total participants: 901.
- Majority of participants are students (94%).
- 511 students were depressed.
- 177 students were severely depressed
- 15 participants had suicidal intention.

| Level | Student | Staff | Lecturer | Total |
|---------------|---------|-------|----------|-------|
| No depression | 337 | 18 | 23 | 378 |
| Mild | 161 | 4 | 3 | 168 |
| Moderate | 173 | 2 | 2 | 177 |
| Severe | 177 | 1 | 0 | 178 |
| Total | 848 | 25 | 28 | 901 |

Proportion



- Majority of students were depressed (60%).
- Minority of staff (28%) & lecturer (18%) were depressed.
- Depression in student > staff > lecturer
- Power relation? Student has least power.

IMPORTANT MESSAGES

- Komitmen pimpinan universitas paling utama.
- Kolaborasi berbagai unit.
- Kerja sama, komunikasi, kerendahan hati, dan saling pengertian dalam tim.
- Keterlibatan mahasiswa merupakan kunci penting untuk menjangkau mahasiswa yang jumlahnya banyak.

TERIMA KASIH